

GASTONWOOD/ CORONADO HILLS

NEIGHBORHOOD ASSOCIATION NEWS

G/CHNA P.O. BOX 140604 • DALLAS, TX 75214 • WWW.CSTREETS.ORG

MAY 2010

May Events

- Thursday Trash and Recycling Pick-up
- Friday Trash and Recycling South Side of LaVista
- 1st—2nd White Rock Lake Festival @ Mockingbird and East Lawther
- 1st 7pm Wine & Beer Tasting @ 6849 Coronado
- 5th Cinco de Mayo
- 8th 12pm Block Captain's Pot Luck @ 7239 Coronado
- 9th Mother's Day
- 12th 7:30pm Men's Club @ Cock & Bull
- 16th 12pm—8pm Lakewoodstock
- 20th 7pm Gastonwood Gal's Night Out
- 22nd Neighborhood Garage Sale
- 29th Memorial Day

My wife and I were taking a stroll with our daughter through the neighborhood enjoying this wonderful spring weather. I love this time of year. This season is perfect for getting outside and gardening, or walking up and down the street and catching up with neighbors, there is so much to write about.

During our May 6th quarterly association meeting we voted on several changes to our neighborhood bylaws including incorporating the name of the association to Lakewood Hills reflecting the vote on this years neighborhood association survey. The change will take place over the next few months. Other changes include required committees and frequency of board meetings.

Eddie Maestri reported on various neighborhood beautification projects which are in the works. These included new sign toppers, efforts to win our neighborhood a city sponsored neighborhood beautification grant, and the free tree program. If you are a good candidate, you may receive a flyer in your mailbox about the program. See page 6 for more details or visit our website at www.cstreets.org. If you don't have a computer, give me a call and we'll work with you to get you trees. When you see Eddie be sure to thank

him for working hard to make our neighborhood a more greener and more beautiful place to live.

Tricia Born discussed our ongoing efforts to make our corner of East Dallas a safer place to live through community building. One of her great ideas is to throw a potluck block party and use that as an avenue for folks to become better aquatinted. This is a great way for you to meet your Block Captains, neighbors that you might not know, and learn more about neighborhood crime watch efforts and social events. Having a good relationship with your neighbors is one of the most effective crime prevention tools invented. Look for your Block Captain to contact you with the details in upcoming months. If this is a well received activity, we will make this an annual event.

As long as we are talking about crime; remember to call 911 if your car is broken into, you hear gunshots, notice a suspicious vehicle cruising, or see individuals soliciting door to door. If the police do not respond in a timely fashion, please report the incident and poor response time to Angela Hunt (our council woman) via e-mail at angela.hunt@dallascityhall.com

Thanks for all you do,

Stewart

2010 G/CHNA OFFICERS

PRESIDENT *Stewart Cockrell*

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E: president@cstreets.org

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MEMBER AT LARGE *Scott Clumpner*

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BLOCK TALK!

with Kim Ratcliff

Welcome to Block Talk, a place in our newsletter for sharing information about neighborhood happenings, people and events. Just get married or have a baby? Having your art featured in a local gallery? Let the neighborhood know! If you have news to share, please e-mail it to Kim Ratcliff at blocktalk@cstreets.org by the 12th of the month for inclusion in the next month's GCHNA newsletter.

THE NURSE IS IN

Congratulations to Betsy Porter who passed the certification boards from the National Board for Certification of Hospice and Palliative Advanced Practice Nurses. She is now an Advanced Practice Nurse in Palliative Care – one of only two nurse practitioners in the Dallas area with this certification. Way to go, Betsy!

DOING GOOD IN THE HOOD

A neighborhood author is selling her most recent book to help the terminally ill. Jeanette Howeth Crumpler has lived in our neighborhood since 1960. Her latest book, *Cumberton's Gold*, is available now. It is the story of people with challenges of all kinds and their impact on history. Although it is fiction, all characters and events were inspired by true situations known to Jeanette. All proceeds from the sale of the book will go to Disciples of Trinity (DOT) a non-religious 501(c)(3) charity located at 5810 Live Oak here in Dallas. Jeanette has been on the DOT board for 15 years. DOT serves more than 2,600 terminally ill children, women and men. You can order the book through Jeanette's website, www.tomatolady.com.

TALKING TRASH

There has been some confusion, including by yours truly regarding when trash is picked up in our neighborhood. The city website says that part of our neighborhood is picked up on Thursday and another part is picked up on Friday. No one said it was going to make sense! For more information, check out the city's web site on the recent trash and recycling pick up changes www.onedaydallas.com. You can enter in your address and confirm your pick up date. Stewart is working to see if we can all get pick up on Thursday. We'll have more trash talk next month.

THE STRAIGHT POOP

With warm weather comes neighborhood dog walks and an increase of unclaimed POOP. Pet waste left to decay on sidewalks, lawns, or alleys is a stinky mess. When walking your dog and **PLEASE** take a plastic bag or pooper-scooper along with you. Place the bag – maybe an old newspaper bag – into **YOUR** regular outgoing trash can. Be mindful of your neighbors and don't leave dog "presents" in their lawn or in their trash cans.

SACRED HARP SINGING

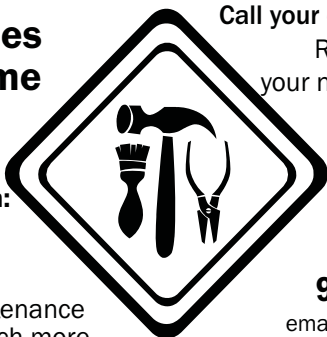
Featured in the movie *Cold Mountain*, the documentary *Awake My Soul* and T-Bone Burnett's *Great High Mountain* concert tour, Sacred Harp music is meant to be sung, loud! The Dallas county Sacred Harp Singing is a free, public event for all ages and all levels of singing experience. Highland Park Presbyterian Church hosts this group on the third Saturday of each month from 11:00 a.m. to 1:30 p.m. For more information, go to dfwsacredharp.net or contact your neighbor Stephanie Turney at 214.320.9283. Come sing!

One feature of Block Talk is service referrals. If you need a quality lawn service, salon, painter, or other service, e-mail blocktalk@cstreets.org. Include your referral request and the e-mail address at which you would like to receive recommendations. The referrals will not be published and GCHNA does not guarantee any service providers.

- If you can recommend someone to do tile work, please contact Ashley at Ashley.Bell@am.jll.com

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NEIGHBORHOOD CLASSIFIEDS

Leah is selling a ton of baby gear including a navy and white checked Peg Perego stroller, green and white toile glider, and a TON of expensive, beautiful children's clothes (boy's up to age 2.5 and girl's up to age 5). If you are interested please send her an email at milesleah@sbcglobal.net

LAKWOODSTOCK IS LOOKING FOR VOLUNTEERS AND ARTISTS

The LakewoodStock Neighborhood Festival is geared to promote local Lakewood merchants, celebrate amazing artists, craftsmen, and performers living in East Dallas. LakewoodStock is inviting East Dallas Artists to participate in the 2nd annual LakewoodStock Festival Visit www.lakewoodstock.com/artist to download an artist application. There are many opportunities to volunteer for the event, if you would like more information please email your wonderful neighborhood realtor, Trisha Sterling, at lwsvolunteer@cstreets.org.

**LIVE MUSIC
FAMILY FUN**

MAY 16 SUNDAY

LAKWOOD VILLAGE SHOPPING CENTER

LAKWOODSTOCK.COM

We encourage you to stroll, stride, push, or pedal to Lakewood Village Shopping Center and enjoy free live music on several stages from Noon to 8 p.m. We're inviting our neighbors to shop, eat, and drink locally. There will be kid's activities and many fun surprises. Admission is free so come explore your neighborhood with us.

Sponsored by your Lakewood area businesses

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NEIGHBORHOOD ASSOCIATION

Music by: Darryl Lee Rush, Zydeco Stingrays, The Sutcliffes, Colin Boyd, and many more...

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COMMITTEES

BLOCK TALK

Kim Ratcliff

E: blocktalk@cstreets.org

BEAUTIFICATION

Eddie Maestri

E: beautification@cstreets.org

BOOMER'S CLUB

Trisha Born

E: crimewatch@cstreets.org

CRIME COMMITTEE

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E: crimewatch@cstreets.org

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E: president@cstreets.org

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Lynn Armstrong

E: gardeningclub@cstreets.org

GOURMET CLUB

Steve Longley

E: gourmetclub@cstreets.org

MEN'S GROUP

Owen Lynch

E: mensclub@cstreets.org

NEIGHBORHOOD NOSH

Kim Ratcliff

E: TheNosh@cstreets.org

NEWSLETTER

Kelly Cockrell

E: newsletter@cstreets.org

MOM'S GROUP

Emily Harwood & Marissa Fontanez

E: momsclub@cstreets.org

PET WATCH

Jeanne Hill

E: petwatch@cstreets.org

SOCIAL COMMITTEE

Sarah Foote and Open

E: social@cstreets.org

WELCOMING COMMITTEE

Betsy Porter

E: welcome@cstreets.org

YARD OF THE MONTH

Carrie Barron & Tammy Cline-Soza

E: YOM@cstreets.org

Crime Committee Update *by Trish Born*



The first phase of analysis of crime is complete and was presented at the April 6 Association meeting. This phase focused on burglaries and car break-ins. There were 19 reported break-ins of cars in 2009. 27% belonged to guests of residents. Of the 2009 burglaries, all 11 were original homes and none were newly-constructed homes.

Almost all of the 2009 activity occurred at the backside of homes, either gaining entry through a back door or garage. More detailed findings such as time of offenses, total amounts of valuables stolen/damaged, and other interesting facts will be available on the Association website after May 1.

The Crime Committee is also excited to welcome new member Pat Patillo. We are still looking for volunteers to participate in a resident-run crime watch program. Interested in making our neighborhood safer? Contact us at crime@cstreets.org to get involved. Our next meeting will be in June and will be posted on the crime committee page of the website.

Our Crime Committee Meeting will be held at 3:30 pm, May 25th at 7307 Casa Loma. Hope to see you there.

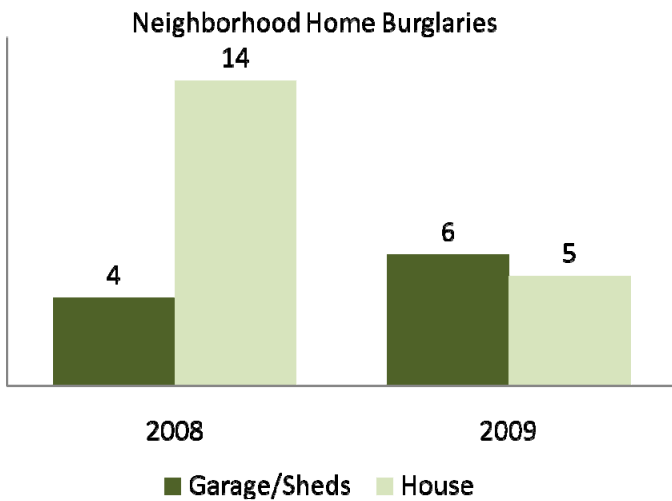
Allergies *By Jeanne Hill, DVM*



Just like people, pets can be sensitive to inhaled allergens like pollens, mold, and dust. Unlike us, pets don't usually develop symptoms of hay fever, but are more likely to go into an itching frenzy, that can quickly lead to hot spots and other skin infections. To help keep spring allergies under control, try some of these soothing remedies:

- ❑ **FATTY ACID SUPPLEMENTS:** Omega fatty acids have been shown to decrease the production of inflammatory products in the skin, and are available from veterinarians and pet stores.
- ❑ **ANTI-HISTAMINES:** Over-the-counter antihistamines can be helpful, especially early on. Ask your vet for precise dosing.
- ❑ **FLEA-CONTROL:** Flea allergic dermatitis is the most common skin disease in pets. 100% flea control is essential.
- ❑ **SHAMPOOS:** Bathing your pet with tea tree and oatmeal based shampoos for 5-10 minutes can be calming.

Some pets may benefit from allergy injections and in severe cases, immune-modulating drugs and cortisone may be helpful. However these drugs are strong and should be used with caution. If your pet has scratched himself into a frenzy, it's probably time to see your veterinarian.



Information obtained from the Dallas Police Department website and compiled by Tricia Born

50%

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Neighborhood Nosh by Kim Ratcliff



WATEL'S WORLD PIECE CAFE

1802 Greenville Avenue

Five friends from the 'hood recently dined at Watel's World Piece Cafe. Sadly, the restaurant was a major disappointment. We found two positives to the restaurant: it is a quaint space, and wine is well priced. Too bad we had to get up and find our wine on a nearby buffet and pour for ourselves - after they were out of one wine we initially ordered. When we arrived, with a reservation, the door was locked. There was a note on the door with a phone number telling us to call and someone would come unlock the door. It was downhill from there. We were the only customers in the joint - never a good sign. The owner/chef/server/guy-who-unlocked-the-door clearly did not care if he has customers or not. He was inattentive. He was out of many things on the menu. Several of the dishes ordered by our group were obviously reheated leftovers. The dishes that did seem freshly prepared were lacking in distinctive flavor. One of the small plates sat on the bar for over 30 minutes before someone bothered to bring it to our table. I could outline more specifics that ranged from appalling to frustrating, but I won't. Suffice it to say that a group of people who really like to eat and drink will never go again.

The Men's Club Lend a Helping Hand



The C.S.M.C.V.I.T.H.N.W.N.H.W.M&S.T.T.T.D.N.R.A.K.S.R. (The C-streets Men's Club Volunteer Initiative to Help Neighbors Who Need Help with Minor and Short Term Tasks That Do Not Require Any Knowledge, Skill or Risk) stretched their capabilities in late March and spent a beautiful Saturday afternoon shoring up the roof of Deanna Pomeroy's car port which was heavily damaged in the snow storms this past winter. We'd like to thank Stewart Cockrell, Danny Hogan, Jason Nealy, Steve Ramirez, and Mark Roberts for restoring the carport; Robin Hogan for revitalizing the garden beds; and Raine Cockrell and Kimber Nealy for helping tidy the house.

This is just another great example of how your membership dues help support others in our neighborhood. If you are interested in donating to the "fix it up fund" or your time please email Owen at mensclub@cstreets.org.



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art and spirit network
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 214-484-5992
info@artandspiritnetwork.com

Involvement Matters by *Stewart Cockrell*



SOCIAL CO-CHAIR NEEDED

Co-Chair Needed. If you love planning activities and getting to know new people, this is a GREAT opportunity for you. The Social Chair is responsible for planning fun neighborhood Social Activities. These include quarterly socials and happy hours, the Annual Block Party, and Annual Holiday Party. The chair also sends Evites for other neighborhood activities such as Movie on the Lawn, National Night Out, Block Party and others. The Chairs are invited to attend quarterly Board Meetings so they can help keep the neighborhood up-to-date on the latest events. If you have questions about Co-Chairing this Committee please contact Sarah Foote at social@cstreets.org.



NEW YARD OF THE MONTH CO-CHAIR

Hi! My name is Tammy Cline-Soza, the new Yard of the Month Co-Chair. My husband Walter and I live at 6835 La Vista.

We have a front garden that consists of hardy perennials, roses, herbs, and bee and bird attracting plants. Our backyard is a fusion of Japanese/Zen/Buddhist inspiration. I look forward to seeing your gardens and learning from you!



FIRST NEIGHBORHOOD GARDEN TOUR
BY CARRIE BARRON

Please mark your calendars for Saturday, June 5th for the first ever Neighborhood Garden Tour. Come meet new neighbors, visit with neighbors you know, take in the beautiful gardens, AND raise money for neighborhood beautification!

The tour is from 10:00am to 1:00pm. Tickets can be purchased ahead of time or at the garden gate. To pre-purchase tickets, please contact Carrie Barron at YOM@cstreets.org. Association Members tickets will be \$7 per person or \$14 per household, Non-association Members will be \$10 per person or \$20 per household.

Backyard Gardens on tour: 6835 La Vista, 7035 La Vista, 7101 La Vista, 6800 Coronado, 7306 Casa Loma.



NEIGHBORHOOD TREE PLANTING

Our Beautification Committee works with the City of Dallas Reforestation Program to provide free trees for our neighborhood association members. Trees beautify our neighborhood, clean the air and make our streets and sidewalks cooler in the hot summer months.

We just finished planting over 30 free trees from last year's tree order and this year we hope we can make it 50. The deadline to get your tree order is May 31st.

The trees must be planted in the "parkway" – for most residents, the parkway is the strip of grassy area between the sidewalk and the street. The type of tree planted must be approved by the City Arborist. Most of the trees provided are very nice trees with a caliper of 2-4 inches!

This year we are trying a few new things to make it easier for everyone to participate. For more details about receiving free trees Tree Planting Program page on our www.cstreets.org website.

Paul
lost 55 lbs
and 14" in his waist
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Paul Atkinson had too much weight and too little energy. With a disciplined, supervised personal training program, along with consistent participation in a weight loss program, he shed pounds and inches and gained strength. Now he can bench-press 325 pounds. That's the power of personal training.

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THE NEIGHBORHOOD GARAGE SALE

Start saving your treasures for the neighborhood garage sale which will be held on May 22nd. Here are the details. Email Betsy at welcome@cstreets.org with your name and address, and your house will then be placed on the garage sale map. Maps will be distributed at each sale location for garage sellers to plot out their shopping spree. We'll collect a small fee to help defray the cost of the newspaper ad. The sale runs from 8 until you shut down, and all proceeds are yours!!! It has grown to be quite an event. Some blocks even have traffic jams!!!

I am looking for a few people to help with this task. I will need someone to distribute the map and collect the fee on Friday evening before the garage sale. If any of you are interested in helping with this project please email Betsy at welcome@cstreets.org.



A Block Captain is an important process of information exchange between neighbors. We are looking for a new volunteer to be the **Block Captain of the 7300 block of LaVista**. Responsibilities include distributing the monthly newsletter, and emailing welcome@cstreets.org when a new person moves in on your block. This is the perfect opportunity to become involved in our neighborhood with a limited time commitment. Please email Stewart at president@cstreets.org if you are interested.

PICNIC IN THE PARK

The Picnic in the Park was a HUGE success!! Kids of all ages had a GREAT time! Thanks to all of the Moms, Dads, and teens that pitched in to make it all possible. It could not have happened without everyone's help!! The picnic was a wonderful way for both kids and parents to meet each other.



2010 BLOCK CAPTAINS

BERMUDA

1800 Leslie Tucker

CASA LOMA AVENUE

6800 Lane & Tammy Land 214-321-2645

6900 Betty & Murray Forsvall 214-327-3213

7000 Suzanne Stewart 214-320-1811

7100 Roman & Leslie Spradlin 214-324-4470

7200 Paul & Stephanie Turney 214-320-9283

7300 Twila & Calvin Baker

CLAYTON AVENUE

6800 Steve & Carol Cox 214-320-3490

6900 Charlie & Marilyn Allan 214-328-8402

7000 Steve Olson 214-327-6946

CORONA

1800 Jack & Billie Cozby

CORONADO AVENUE

6800 Richard & Betsy Porter McCoy

6900 Donna Coker 214-327-3222

7000 Doug Platz 214-327-2193

7100 Wanda Taylor 214 884-7785

7200 Kelly Cockrell 214-202-7295

7300 Jason & Karen Nealy 214-327-5893

7400 Sharon Flottman 214-660-0580

GASTON AVENUE

6800 Sarah Foote

plantagenetprincess@gmail.com

6900 Vicki Batman vlmbatman@hotmail.com

7000 Lynn & Tom Chapman

LA VISTA DRIVE

6800 Karen Meyers 214-328-7775

6900 Ann Marshall 214-367-8550

7000 Leslie Tucker ltucker@valhi.net

7100/7200 Jill & Andy Cody 214-324-4795

7300 Texas Dave 214-773-9799

LOVING

1800 Paul Zoltan 214-324-4249

LUCERNE

1800 Miguel Dimas 214-328-0521

May Yard of the Month by Tammy Cline-Soza



May's YOM goes to Kay Goodman and Jason Diamond of 7306 Casa Loma. They have a beautiful landscape with a calming meditative theme. Jim Martinez and Associates incorporated the entire lot and produced a design inspired



by the ancient meditative art form of mandalas. The entrance includes a rock garden with dark gray, small rocks and large white stone landings. Surrounded by perfect rows of low growing mondo grass, this clean, modern and contemplative entrance is offset by red Knock-Out Roses, Allisum, Geraniums and Oak Leaf Hydrangeas. The back yard is referred to by Kay as, "our heaven". Intersecting walkways, a continuous flowing water urn, Japanese Maples and Japanese lanterns make quite an oasis right in our neighborhood. To top it off...NO mowing is required at all and very little water is used.

Right down the street on Garland Rd. is the Promise of Peace Garden. If you haven't been there, please stop by. What a great mission. Bring your children, join the fruit and veggie co-op, rent a plot or volunteer. It is a great place that is making a difference for youth in our area.

April Yard of the Month

by **Carrie Barron**

The April YOM was inadvertently omitted from last month's newsletter so we are including this month. Our apologies to Donna and Robert Coker

In 1996, Donna and Robert hired a landscape architect to draw up a plan for their home and they have been working on the plan ever since. Their beautifully landscaped yard includes Variegated Privets, Indian Hawthorns, Azaleas, and Hypericum. Their white Crape Myrtle has done exceptionally well and the Cokers only prune it as needed.

Donna loves pansies and includes them every year. Not only are they hardy, but there are many colors and varieties available. Also, if you keep them deadheaded they keep blooming.

The walkway leading to the Coker's front door has a semicircle on each side that is edged with stone that is a great place for seasonal colors. There is some stone work used close to the house around one of the trees, as well.



marissafontanez
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Lakewood Presbyterian Church



We believe in one Lord Jesus Christ

- ✚ who was crucified also for us under Pontius Pilate
- ✚ he suffered and was buried
- ✚ the third day he rose again according to the Scriptures

Join us for our Sunday Service | 11:00 am ♦ Gaston Ave @ West Shore